



PINE HILL FARM

wellness collective

WHAT'S NEW AT PINE HILL FARM?

The countdown to farmer's market season begins! This year, we are thrilled to add a few new faces to our seasonal team! You'll find us at the following markets this season: Capital View (Madison's eastside), Burlington, Beaver Dam, and Waukesha. We are awaiting acceptance on a few other locations, so stay tuned!

Our family's passion for all things health & wellness is growing! After gaining a deep understanding and frustration with the current vitamin industry- finding supplements with toxic fillers, additives, fake ingredients, and artificial colors- we decided to take action! This month marks the launch of our very own private supplement line: 'Nature + Science' by Pine Hill Farm! As we slowly roll out and announce each NSF-GMP Registered, Certified Organic, Non-GMO, Vegan, Kosher and Halal Certified supplement, we are thrilled to already offer these products at our collective in Watertown! You can learn more about our private line of highest quality supplements on our website in the coming weeks (in addition to our new online supplement shop).

Cat's outta the bag! The spa is moving! The tenant behind our 'wellness collective + market' space is leaving this month. Renovations will begin so that the spa can reside under the same roof which will allow us efficiency in scheduling all of our services, more space, and more services to our local and surrounding community!

As always, thank you for shopping locally and choosing us for all of your CBD needs, local gifts, and wellness services. It is because of you that Pine Hill Farm is a place to be happy!

LET'S TALK: CBD & COVID-19

Scientists have been looking for new therapies for people infected by the coronavirus and emerging variants, especially as breakthrough infections become more common.

A 2022 study conducted at the University of Chicago revealed that CBD directly inhibited viral replication in lung cells. CBD did not affect the ability of the virus to enter the cell, instead, it was effective at blocking replication early in the infection cycle and six hours after the virus had already infected the cell.

The scientists involved in this particular study wanted to know if CBD would affect the immune system and block viral replication, and surprisingly, that's exactly what it did!

DID YOU KNOW?


An analysis of 1,212 patients from the National COVID Cohort Collaborative revealed that patients taking medically prescribed CBD for the treatment of epilepsy tested positive for COVID-19 at significantly lower rates than a sample of matched patients from similar demographic backgrounds who were not taking CBD.

CONNECT

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UPCOMING EVENTS

- 4/1, 4/15, 4/29: Sourdough Bread Drop at the Pine Hill Market from Elemental Bread Company
- 4/1, 4/8: Live Pop Up Vendors at the Pine Hill Market 10:30am-1:00pm
- 4/29: Downtown Whiskey & Wine Walk (Watertown Chamber sponsored event)

SUPPORT SMALL...SHOP LOCAL!

Our way of supporting other small, local businesses ♥

Meet James and Nick from Quicksilver Collective in Mayville, WI! Both are veterans who have a passion for helping people. They recently opened their store in an effort to support their local community with high quality CBD products, personalized consultations, and education. Best of all, they are proud to carry several Wisconsin local brands, including Pine Hill Farm! Check them out at <https://quicksilvercollective.com/>.