# PINE HILL FARM wellness collective

## WHAT'S NEW AT PINE HILL FARM?

IN STORE: Our wellness team is growing! This year we welcome Carmen who happens to be the matriarch of the Pine Hill Farm sisters and also a RN with over 40 years of healthcare experience. She has always held a passion for complementary and alternative health options in combination with medical care, so we are very excited to have her in the wellness store!

ONLINE: We're always brainstorming better ways to serve and meet the needs of our most loyal customers. New this month-- you can shop online for the health supplements we carry in our store via our online dispensary! From here you can find all of our recommended protocols including immune support, gut health, children's health, hormones, and more. The best part is that you save 10% in our online store AND free shipping over \$50! Visit our dispensary at https://us.fullscript.com/welcome/phf/signup.

ON THE FARM: Farmer Jon got a new toy-- a drone! He's so excited to be able to share a bird's eye view of our hemp crop this growing season, along with sneak peaks of our 80 acre USDA certified organic farm in Lebanon. We'll be sharing photos and videos soon on our social media pages so stay tuned for an exciting hemp growing season!

Thank you for shopping locally and choosing us for all of your CBD needs, local gifts, and wellness services. It is because of you Pine Hill Farm is a place to be happy!

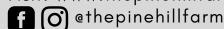
## LET'S TALK: CBD & PETS

Did you know that your pet can experience the same benefits from CBD as you can? CBD acts on the endocannabinoid systems (ECS) of both humans and animals with a wide margin of safety. It can potentially assist with a variety of conditions including anxiety, allergies, seizures, and osteoarthritis. In fact, Pine Hill Farm . has their own fan base of furry friends who regularly use CBD, including dogs, cats, and horses! Stop by our market to learn about CBD dosing for your pet.

#### CONNECT

Store: (920) 390-4462

Email: info@thepinehillfarm.com Visit: www.thepinehillfarm.com



## UPCOMING EVENTS

- 2/2: Stolley's Hogg Alley Winter
- Shopping Event 2/9: Local Waters & Pine Hill Farm CBD Flight Night featuring Grazefully Charcuterie and Hemp Infused Cocktails
- 2/4, 2/11, 2/18, 2/25: Live Pop Up Vendors at the Market 9:30am-12:30pm
- 2/4 & 2/18: Sourdough Bread Drop at the Market from Elemental Bread Co.

## DID YOU KNOW?

Several published peerreviewed studies showed that using hemp-derived CBD oil significantly improved the lives of dogs with osteoarthritis.

### SUPPORT SMALL...SHOP LOCAL!

Our way of supporting other small, local businesses 🛡

Meet Shannon of Dapper Dog Provisions! Inspired by her own furry, 4-legged friend "Bandit," Shannon creates honest-togoodness, organic wellness products for dogs and their people. Dapper Dog goods contain beneficial ingredients with a purpose-- no junk, no fillers, just the good stuff. All Dapper Dog products are made by hand in small batches right outside of Watertown and can be found in our market! Visit Dapper Dog at www.dapperdogprovisions.com.