

# PINE HILL FARM WELLNESS COLLECTIVE

+ market

## WHAT'S NEW AT PINE HILL FARM?

July 1st marks the official re-opening of our 'wellness collective + market' at 200 W. Main Street in Watertown. This amazing location across from the library is situated kitty corner to the new Bentzin Family Town Square and Bertram Beltz Community Plaza, slated for completion this fall! We even have a famous ceiling with a hand painted sky mural, representative of the Sistine Chapel paintings by Michelangelo in the 1500s. We are going to have so much fun at this amazing space!! Our popular free classes and wellness workshops will be relaunching again soon in the new space so stay tuned for that schedule!

We also have big plans for our previous space at 118 N. Water Street, which will be our wellness spa. Our amazing medical esthetician (Melissa) and massage therapist (Sara) will be remaining at that location, along with a few other additional wellness services, to be announced later! We anticipate reopening at 118 N. Water Street by August 1st.

BioScan SRT screening and services will happen out of our corner location at 200 W. Main Street. If you haven't checked it out yet, it's a must! This non-invasive screening tool (safe for all ages) can help to identify root cause solutions for optimal health, performed by Lynley Gray, BioScan Practitioner and one of the sisters of Pine Hill Farm. For more information or to schedule a consult, please email [info@thepinehillfarm.com](mailto:info@thepinehillfarm.com) or visit our website at [www.thepinehillfarm.com](http://www.thepinehillfarm.com).

Busy month, be sure to check out all our events! →

### LET'S TALK: CBD FOR SKIN SOOTHING

**As an anti-inflammatory, CBD may be able to help reduce swelling, pain, and redness from existing breakouts, or irritation from skin conditions like eczema and psoriasis. A 2017 study highlights the antioxidant properties of CBD. Oxidative stress can contribute toward the aging process. Therefore, the antioxidant and anti-inflammatory properties of CBD may help prevent the appearance of aging in the skin.**

**Pine Hill Farm has a popular facial serum that is loaded with skin soothing and healing oils, including carrotseed, argan, rosehip seed, hemp seed, cannabidiol (CBD), jojoba, and more!**

### DID YOU KNOW?

CBD has been found to be more effective than vitamin C and E as a neuroprotective antioxidant and can improve skin conditions such as acne.

### CONNECT

Store: (920) 390-4462

Email: [info@thepinehillfarm.com](mailto:info@thepinehillfarm.com)

Visit: [www.thepinehillfarm.com](http://www.thepinehillfarm.com)

  @thepinehillfarm



### UPCOMING EVENTS

- Saturday 7/1, 9am-3pm, Reopening at 200 W. Main Street, Watertown
- Saturday, 7/9, Midwest Paddle Festival, Oconomowoc
- Sunday, 7/10, 9am-3pm, Beaver Dam Day-in-the-Park Art/Vendor Fair
- Saturday, 7/16, 9am-4pm, Watertown Sidewalk Sale (Main Street) and Day 1 of our GRAND REOPENING CELEBRATION!
- Sunday, 7/17, 11am-3pm, Day 2 of Grand REopening Celebration
- Thursday, 7/21, 5pm, Craft Beer Walk, Watertown
- Thursday, 7/28, 9am, Urban Poling Walking Group/Workshop with Dr. Cochran/ Doctor Physical Therapy



### SUPPORT SMALL...SHOP LOCAL!

*Our way of supporting other small, local businesses*♥  
Meet EZ Promos & Apparel from Watertown! They are a family-owned & operated company who hold both passion and experience in their industry! Family is the center of the company and their team has a combined 20+ years of promotional product and apparel experience! You may have seen their latest artwork at the Watertown Vendor Fair-- the super cool tanks worn by the ladies of the Chamber! You can find select Watertown gear at Pine Hill Farm's new store or check them out online at [www.ez-promotion.com/](http://www.ez-promotion.com/)